
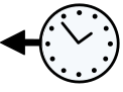

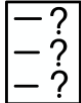
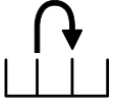






 Wednesday 16th October 2024



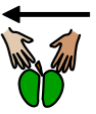



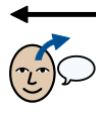
Attended: Kian, Violet, Rayleigh, Seyi, Danila, Santino, Zayd and Chantelle.

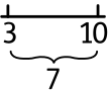
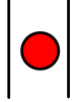








 Laura re-capped the minutes from the last meeting. Not everyone

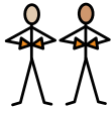


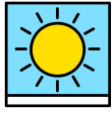

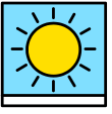
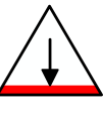


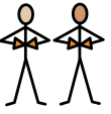





 had completed the survey so this will be carried over for

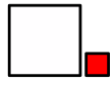

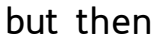
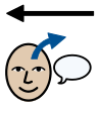
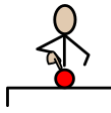






 the next meeting.





 Faye came to our meeting (as requested in the previous








 meeting) and shared her role as ELSA. She explained the

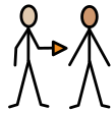

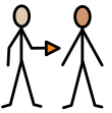

 difference
  between
  what
  staff
  in
  class
  can do
  to
  support

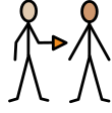
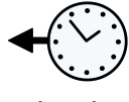


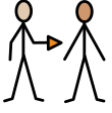



 us
  on
  a
  day
  to
  day
  basis
  and
  when
  we
  have
  a

 'small'
  problem
  but then
  explained
  what
  she
  does to
  support
  our







 mental health
  further
  when
  we
  have
  a
  'big'
  problem
  or

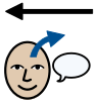
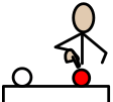


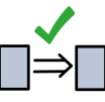


 have
  lots of
  sadness.

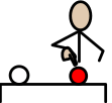



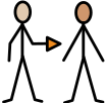

e.g.
  you
  were sick
  you
  would
  see
  the nurse, or if


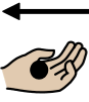


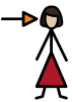
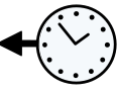


 you
  had
  lost
  something
  you
  would
  speak
  to a teacher /



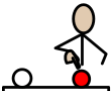

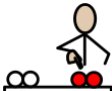



ta's.







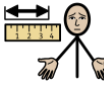
e.g.
  member of
  your
  family
  has
  died,
  Faye

 explained that  this  can be a  big  cause of  sadness and 


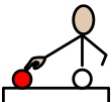




 this is something  Faye  can  help  you  with.





 Faye  had  lots of  resources that  she  had  made  in order to

 support and  explain  this  further,  these  will be  shared with 

 each  class.  Faye  used  some of the  resources to  assess the

 pupils  understanding and  it  has been  spoken  about  some  changes

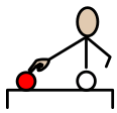
 to the resources  that  may be  needed to  make it  more

 accessible to  our  FE  pupils.

 Laura then  discussed  about  classes  having a 'wellbeing  box' - a



box



that



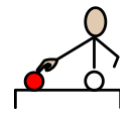
contains



some



items



that

are



most



important

to



the pupils



and



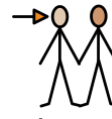
can



help



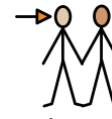
support



them



when



they



may

be



feeling sad,



anxious

or



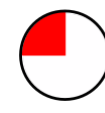
angry.

e.g.

For example,



it may



include



some



colouring



pages



and



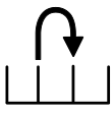
pencils,



pot



of bubbles.



Next



Steps:

1

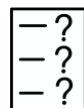


1) Mental Health



and

Wellbeing

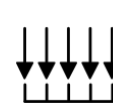


survey

-



ensure



all



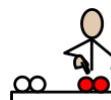
classes



have



completed



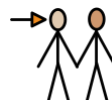
these



and



bring

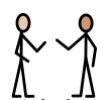


them

to the



next






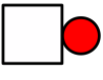





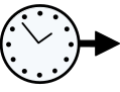


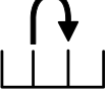

meeting

for





review.

2  2) Classes to begin  using  the  resources created  by  Faye  and 

 feedback  will be  gathered  in the  next  meeting.

3  3) Classes to create  their own  'wellbeing  box'. See  photos  below 

 for some  examples.

